TENEO
SA'S NO.1 ONLINE SCHOOL

Fast Sports Fusion

5-a-side Soccer

Ages 6 - 18+

Sports development, social skills and mental wellbeing

In-Person Activity



About

Students joining the 5-a-side soccer team will experience an exciting, fast-paced version of traditional soccer. With fewer players on each team, everyone gets more touches on the ball, fostering skill development and teamwork. The smaller field size emphasises quick passes, strategic positioning, and constant movement, making it a highly engaging and dynamic game. Students will improve their fitness, agility, and soccer skills while enjoying the camaraderie and competitive spirit of the sport.

Location

Old Parktonian Sports Club, 1 Garden Rd
Bordeaux, Randburg



Programme outcomes

Overall improved technical skills, such as enhanced ball control, improved passing accuracy, increased agility and speed, tactical awareness, as well as improved fitness, teamwork and socialising.

Duration

All year round. Students can customise their training sessions around their schedule.

Cost

Varies depending on number of sessions per month. **See pricelist**.

Banking details:
Fast Sports Fusion CC
Standard Bank (Cheque Acc)
Acc No: 420 948 015
Branch Code: 01920590

Who can join?

Ages 6 - 18+

Programme requirements

Training sessions start on a strict schedule, please ensure players arrive on time and wearing correct sporting attire.

Learner responsibilities

Students must bring a water bottle, wear correct sporting attire and have a postitive attitude towards fellow players and coaches - all round good sportsmanship.

Ready to sign up?

Fill in your details to make an enquiry or join us for a fun-filled experience.

Join now